

• **SAMPLE MENU SELECTIONS**

At Traditions of Hanover our residents enjoy healthy meals that are prepared fresh daily in our fully staffed kitchen. The full menu is extensive and varied and included in the monthly rent. Here is a sampling of what we serve.

Sample Noon Meal Menus

Cream of Potato Soup
Salad Bar / Fresh Fruit Bar
Roast Beef Tenderloin
Poached Flounder w/
White Wine
Stuffed Baked Potato
Sweet Green Peas
Glazed Carrots
Assorted Desserts

Lentil Soup
Salad Bar / Fresh Fruit Bar
Roast Turkey w/Gravy
Maryland Crab Cakes
Au Gratin Potatoes
Buttered Corn
String Beans
Assorted Desserts

Navy Bean Soup
Salad Bar / Fresh Fruit Bar
Linguine w/Meat Sauce
Baked Smoked Ham w/
Pineapple Sauce
Candied Sweet Potatoes
Asparagus Spears
Cut Wax Beans
Assorted Desserts

Sample Evening Meal Menus

Seafood Chowder
Salad Bar / Fresh Fruit Bar
Baked Cheese Quiche
Grilled Cheese & Tomato
Sandwich
Potato Chips
Assorted Desserts

Chicken Noodle Soup
Salad Bar / Fresh Fruit Bar
Pork BBQ Sandwich
Chicken Salad Hoagie
Fried Pierogies
Sliced Peaches
Assorted Desserts

Manhattan Clam Chowder
Salad Bar / Fresh Fruit Bar
Cheese Ravioli in
Tomato Sauce
Tuna Salad Wrap
Potato Chips
Assorted Desserts



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